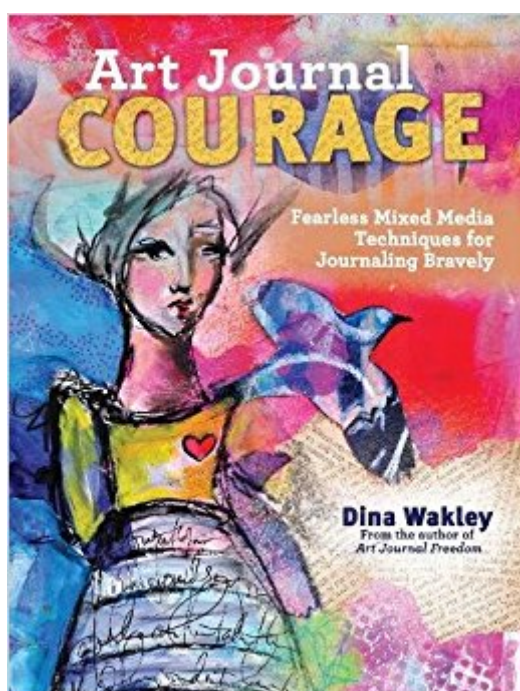


The book was found

# Art Journal Courage: Fearless Mixed Media Techniques For Journaling Bravely



## Synopsis

Gather Your Art Journal Supplies: Journal Pens Paint Courage! Discover the techniques and courage you need to journal bravely! With Dina's help, you'll begin by working through any fears you have of using your own handwriting. You'll get journaling prompts and techniques to help you develop a handwriting style you'll love and words you'll want to write! Then, you'll move onto drawing: you'll learn not only how to train your hand, but also how to appreciate your own unique drawing ability. As you continue through the eight chapters, you will learn additional mixed-media techniques to help you overcome your fears of new materials, using photos of yourself, creating layers, working without a plan and much more. Put your worries aside and create fearlessly! You'll find: Eight common journaling fears dispelled Twenty techniques to give you art journal courage Dozens of colorful art journal pages to inspire your own art

## Book Information

Paperback: 128 pages

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Average Customer Review: 4.7 out of 5 stars 86 customer reviews

Best Sellers Rank: #84,459 in Books (See Top 100 in Books) #25 in [Books > Crafts, Hobbies & Home > Crafts & Hobbies > Scrapbooking](#) #48 in [Books > Crafts, Hobbies & Home > Crafts & Hobbies > Mixed-Media](#) #49 in [Books > Arts & Photography > Other Media > Mixed Media](#)

## Customer Reviews

Dina Wakley's work has been published in Somerset Studio, Art Journaling, Cloth Paper Scissors and more. Her Ranger Signature Designer Media Line of paint, brushes, stencils, stamps and more was just released. Dina teaches art journaling classes around the world and online.

[DinaWakley.com](http://DinaWakley.com)

Great ideas in this book.

Great book, all the projects are well explained and photographed with inspiration to work with adding to and improving on your own ideas. No matter your artistic experience you will be inspired and have the techniques required to make beautiful and creative journal pages.

love it

This book is amazing! Very detailed and beautiful pictures. I can definitely recommend it to anyone looking for a book with step by step instructions on mixed media art/art journaling.

Great book. I have taken classes from Dina Wakley and have her products. Great to have her book to refer back to for techniques and examples!

Beautiful stuff...not my style, but I could use some shaking up in my artistic approach. Love the book.

Art journaling for seniors is a class I teach and this is one of our reading list texts. The class loves it. We love the examples that inspire us.

This is a great follow up to her first book with more emphasis on personal development yet has many new techniques as well. Beautiful samples and explicit directions for several projects.

[Download to continue reading...](#)

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With Bullet Journal Ideas: Bullet Journal Notebook (Volume 2) Inner Hero Creative Art Journal: Mixed Media Messages to Silence Your Inner Critic The Art of Resin Jewelry: Layering, Casting, and Mixed Media Techniques for Creating Vintage to Contemporary Designs Coloring Journal (purple): Therapeutic journal for writing, journaling, and note-taking with coloring designs for inner peace, calm, and focus (100 ... and stress-relief while writing.) (Volume 9) A Christian Colouring Book: All I Need Is A Little Coffee & A Whole Lot Of Jesus (ITG Christian Planner, Prayer Journal, Bible Study Journal, Adult Coloring Book & Journaling Bible Series) Cute Emoji Rainbow Poop Journal: 160 Page Softcover Journal, College Ruled Composition Notebook, 8"x10" Blank Lined Diary book for Girls, Boys, Teens, ... Journaling, Office Work, Notes and School Cute Emoji Rainbow Unicorn Poop Journal: Emojis Poo Cute Magical Unicorn Writing Book - 160 Page Softcover Journal, College Ruled Composition ... Adults, Journaling, Work, Notes and School Unicorn Fart Rainbow Emoji Quote Journal: "I Make Magic Shit" -Cute Magical Unicorn Writing Book - 160 Page Softcover Journal, College Ruled ... Adults, Journaling, Work, Notes and School Dot Grid Journal: Bullet Grid Journal, Floral, Over 150 Pages, 8" by 10" Notebook, Planner, and Sketch Book Diary for Journaling, Calligraphy, and Hand Lettering Dot Grid Journal: A Dotted Matrix Notebook And Planner: Bullet Journal And Sketch Book Diary For Calligraphy, Hand Lettering And Journaling Fucket List: Funny Bucket List Journal 8 x 10 inch Bullet Dot Grid Journal - Blank Notebook, 1/4 inch Dot Grid with 160 Pages, Sturdy Matte Softcover ... Journaling Quote Diary for Teens, Men & Women The Fearless Heart: The Practice of Living with Courage and Compassion

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